

You are invited to join our

Intensive 12-Step Recovery Retreat

Where: Land of Medicine Buddha Retreat Center
5800 Prescott Road, Soquel, CA 95073

When: April 2, 3 & 4th, 2010

Based on AA's 12 Steps we are hosting a participant moderated event.

Arrive Friday between 2:00-5:30PM.

Dinner served Friday and Saturday at 6:00PM

Breakfast served Saturday and Sunday 8:00-9:00AM

Lunch served Saturday and Sunday 12:30-1:00PM

Retreat closes after lunch on Sunday 1:30PM

Stay 2 nights, enjoy 6 meals &

Participate in the 12 steps (9-1 hour long meetings)

All meetings are directly related to the 12-steps

With a 20 minute lead (pitch)

Followed by 40 minutes of

Individual shares on that step in a traditional AA format.

You can hike, enjoy a message or sauna, and eat healthy delicious
vegetarian meals!

No smoking at LMB - Great weekend to quit smoking!

\$185.00 per person includes meals & shared lodging.

Reduced price scholarships are available.

Commuters are welcome for 6 meals and all 9 meetings only
with advanced registration and payment in full of \$85.00 each.

There is limited space so send in your deposit or payment soon.

Every effort will be made to accommodate shared
room requests with early registration.

\$95.00 Deposit required guaranteeing your room

Send check payable to: Land of Medicine Buddha (Retreat Center)

Mail to: 5800 Prescott Road, Soquel, CA 95073

Include your phone # or email address for confirmation.

For additional information phone: (831) 475-6937 or

Email: regismccann@gmail.com

This is a 12-Step member sponsored retreat.

This is an AA Open Meeting not an official AA sponsored event.